Helping you understand the online experience

Welcome to your new digital experience; a website designed to make it easy for you to manage your account, anywhere, anytime, on any device.

Login

Dashboard

Navigation

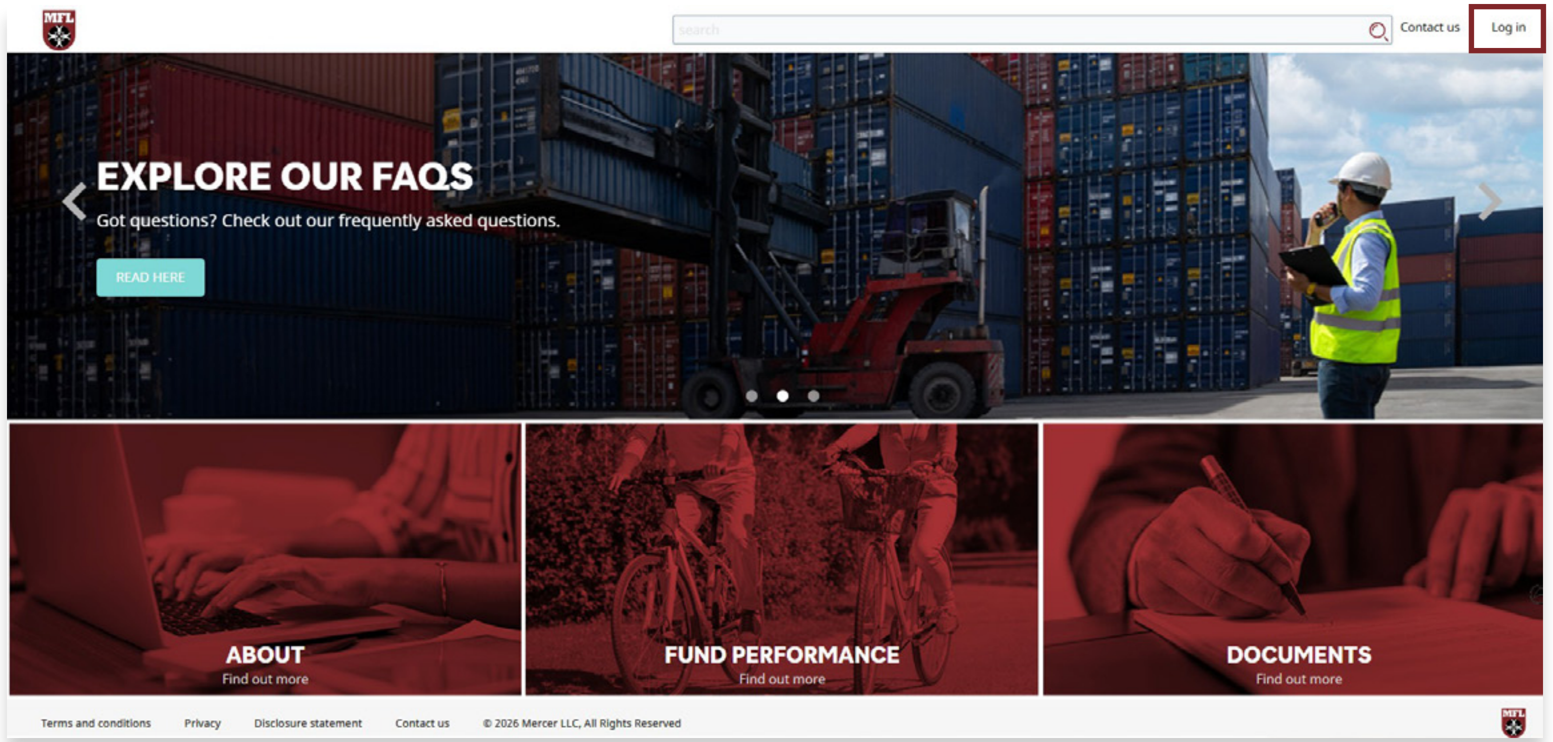
Account balance

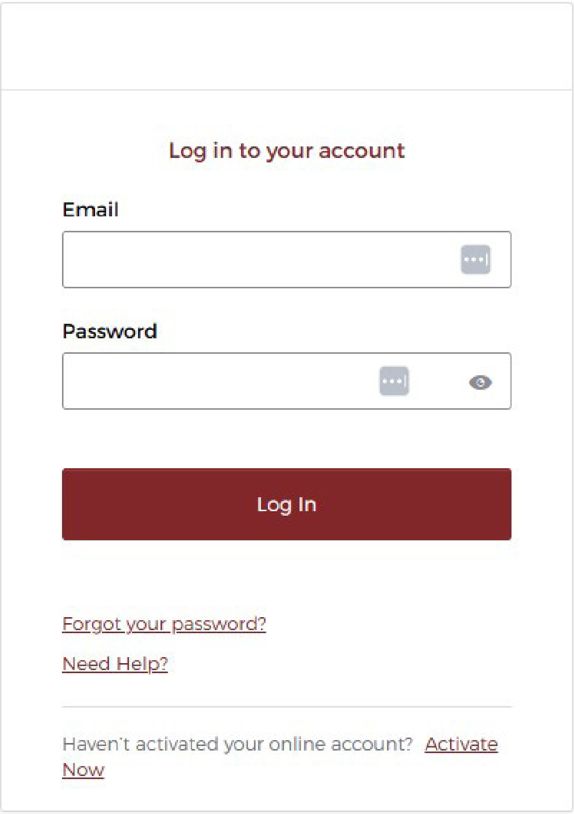
Account activity

Current investments

Personal details

Login





Sign in and get started

Step 1

Access the website by entering **www.mflmutual.co.nz** into your internet browser. This will take you to the home page.

Step 2

Once you're on the website home page, click on '**Log in**' at the top right corner of the page, then '**MEMBER**' on the first pop up box.

First time access – activate your account

Before logging into Member Online for the first time, you'll need to activate your account by selecting '**Activate Now**' at the bottom of the screen and following the instructions.

Member Online login

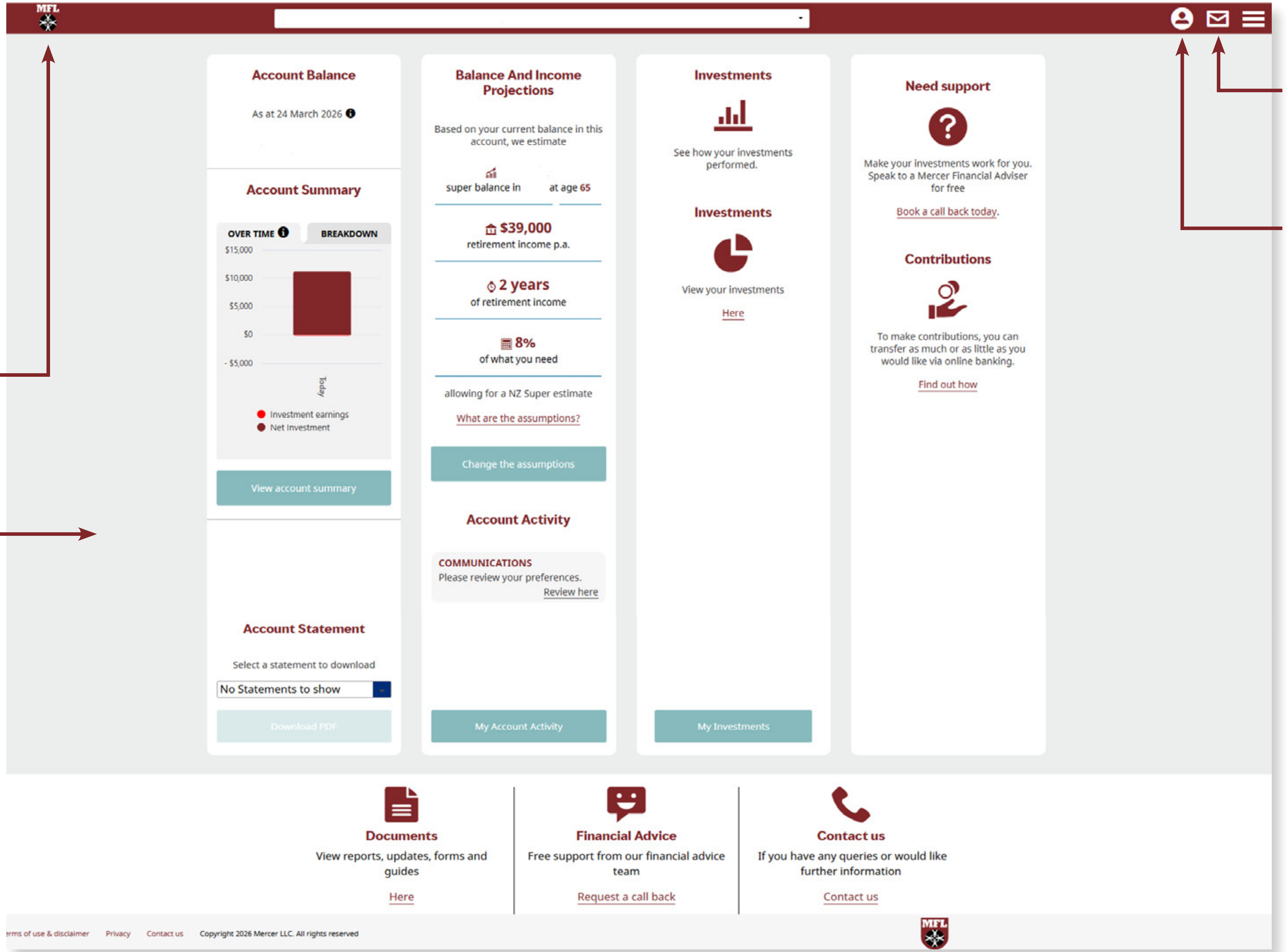
Once your account has been activated, you can log in with your email address and password.

Dashboard

All your key information is brought together on a single screen.

Click on the MFL logo to return to the dashboard at any time.

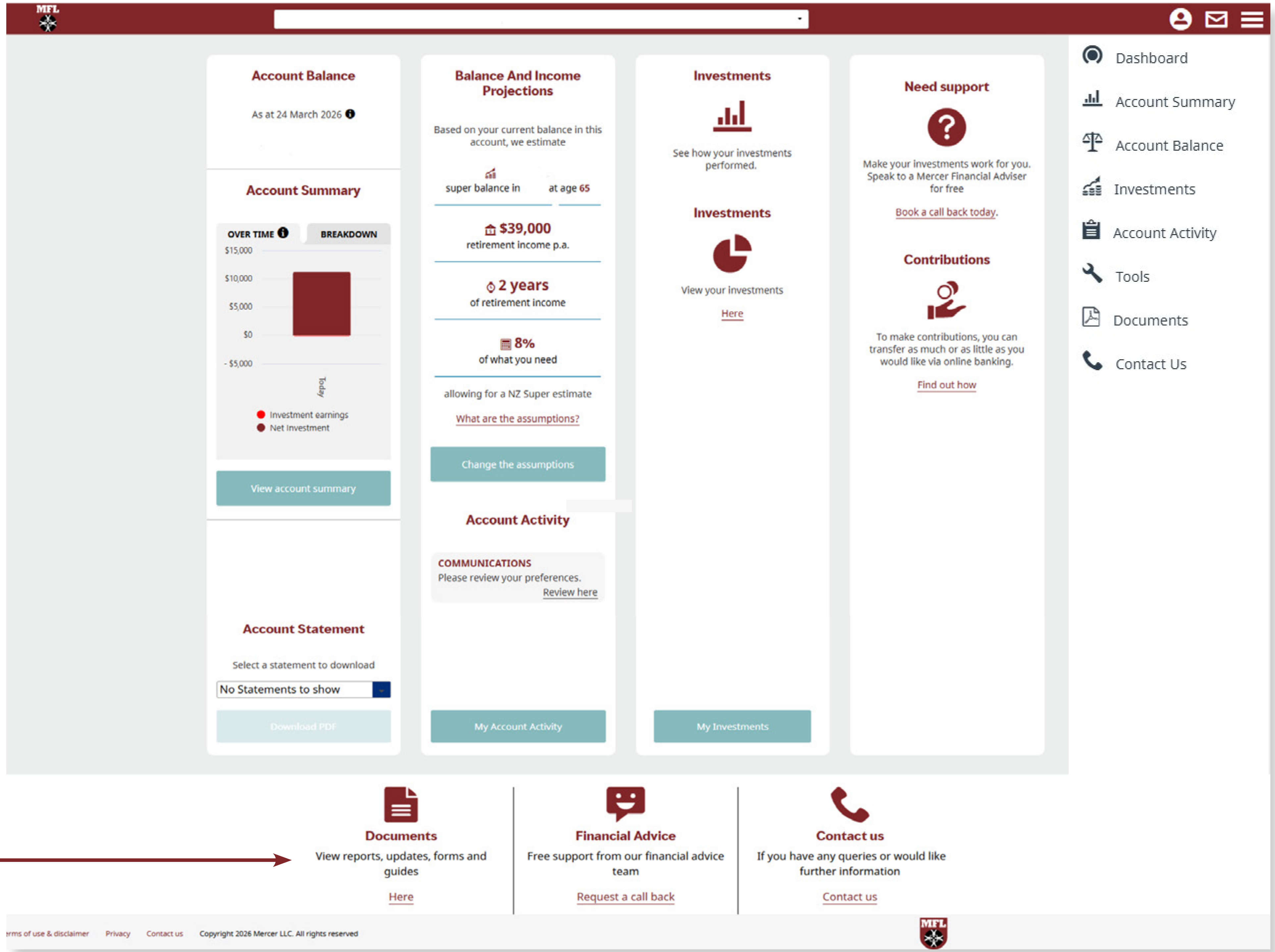
This is your personal dashboard.



Click on the email icon to display alerts ready for actioning.

This is where you can update your personal details (including communication preferences), and also change your password or logout.

Navigation



Click the menu icon to show the navigation at any time.

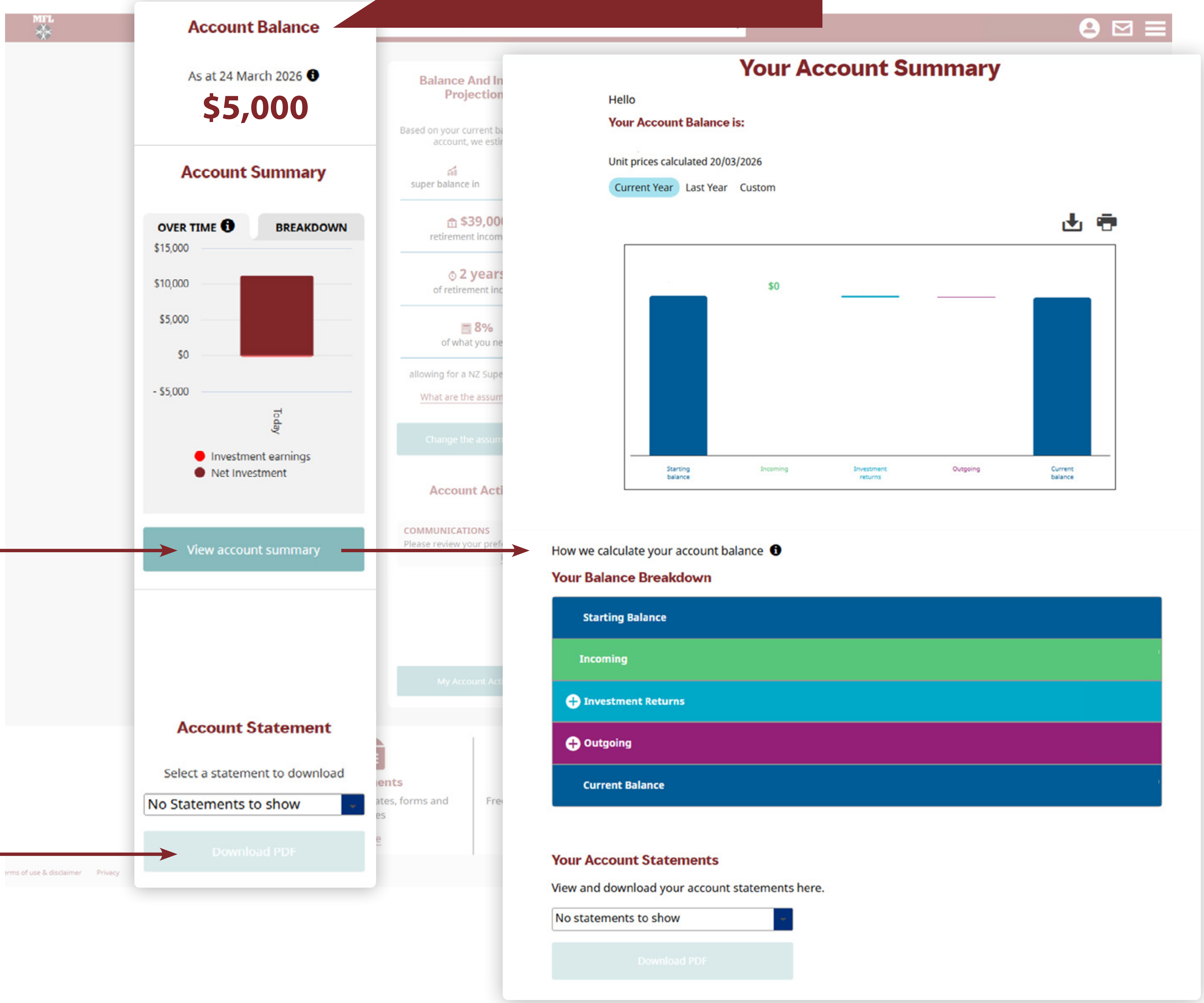
See the prompts for other relevant information about your account at the bottom of the screen.

Dashboard

Account balance is the most up to date record of your balance.

Account balance

This can be accessed from your dashboard or the menu.



Click here to view your account summary.

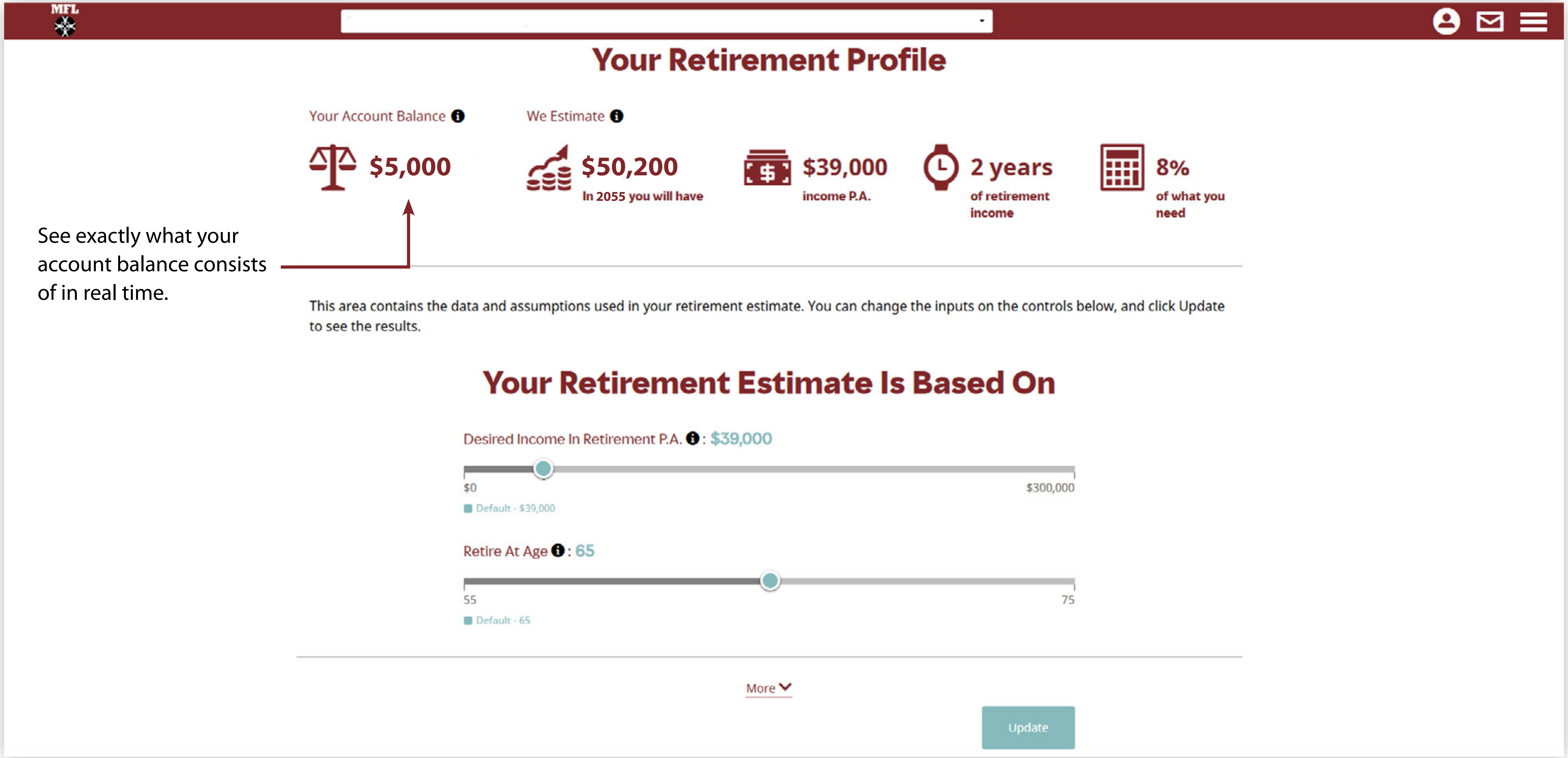
Click here to download your member statements.

Estimated account balance and income at retirement

Full view

This can be accessed from your dashboard or the menu.

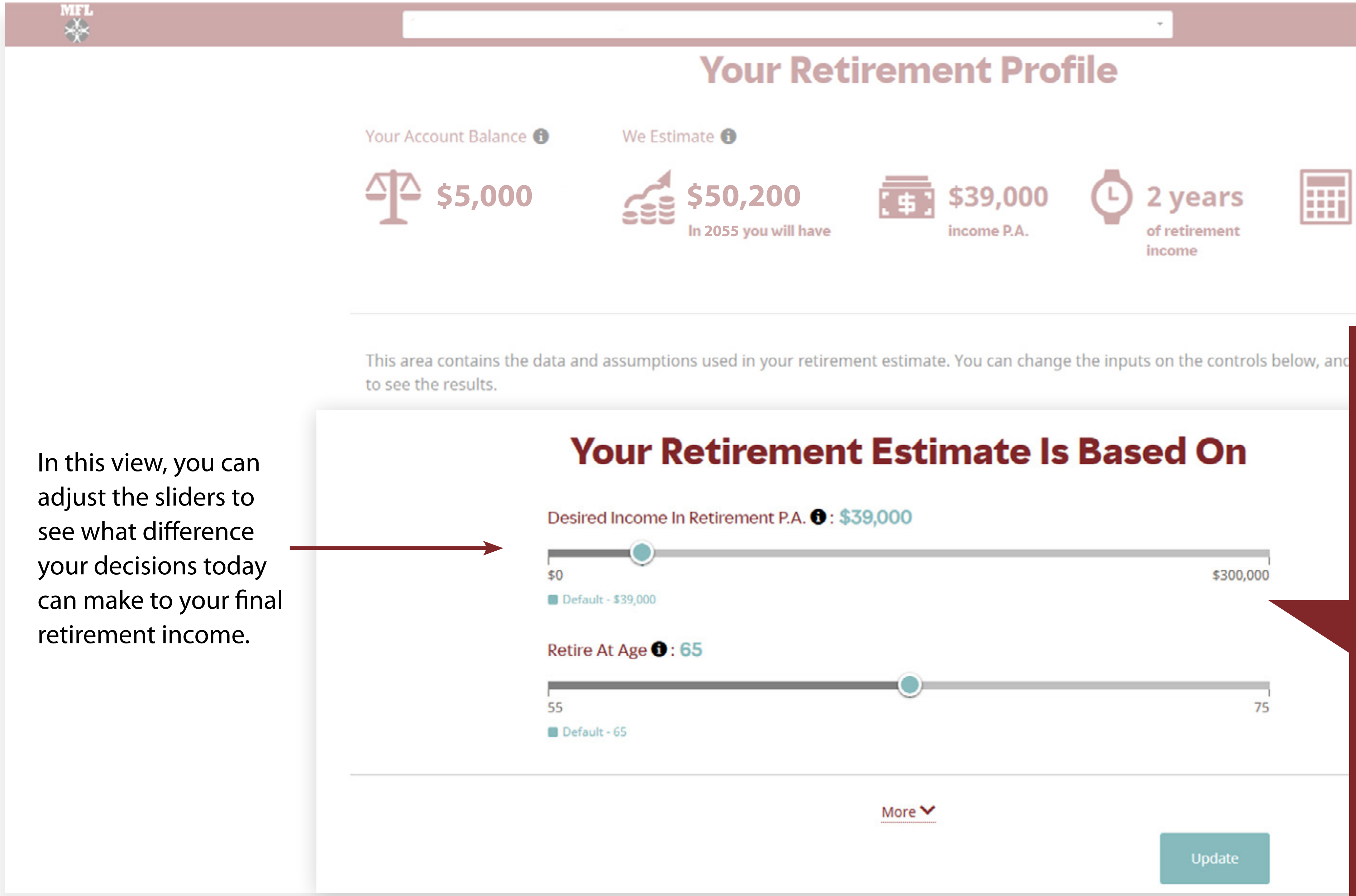
See exactly what your account balance consists of in real time.



Estimated account balance and income at retirement

Ways to make your money last longer

In this view, you can adjust the sliders to see what difference your decisions today can make to your final retirement income.



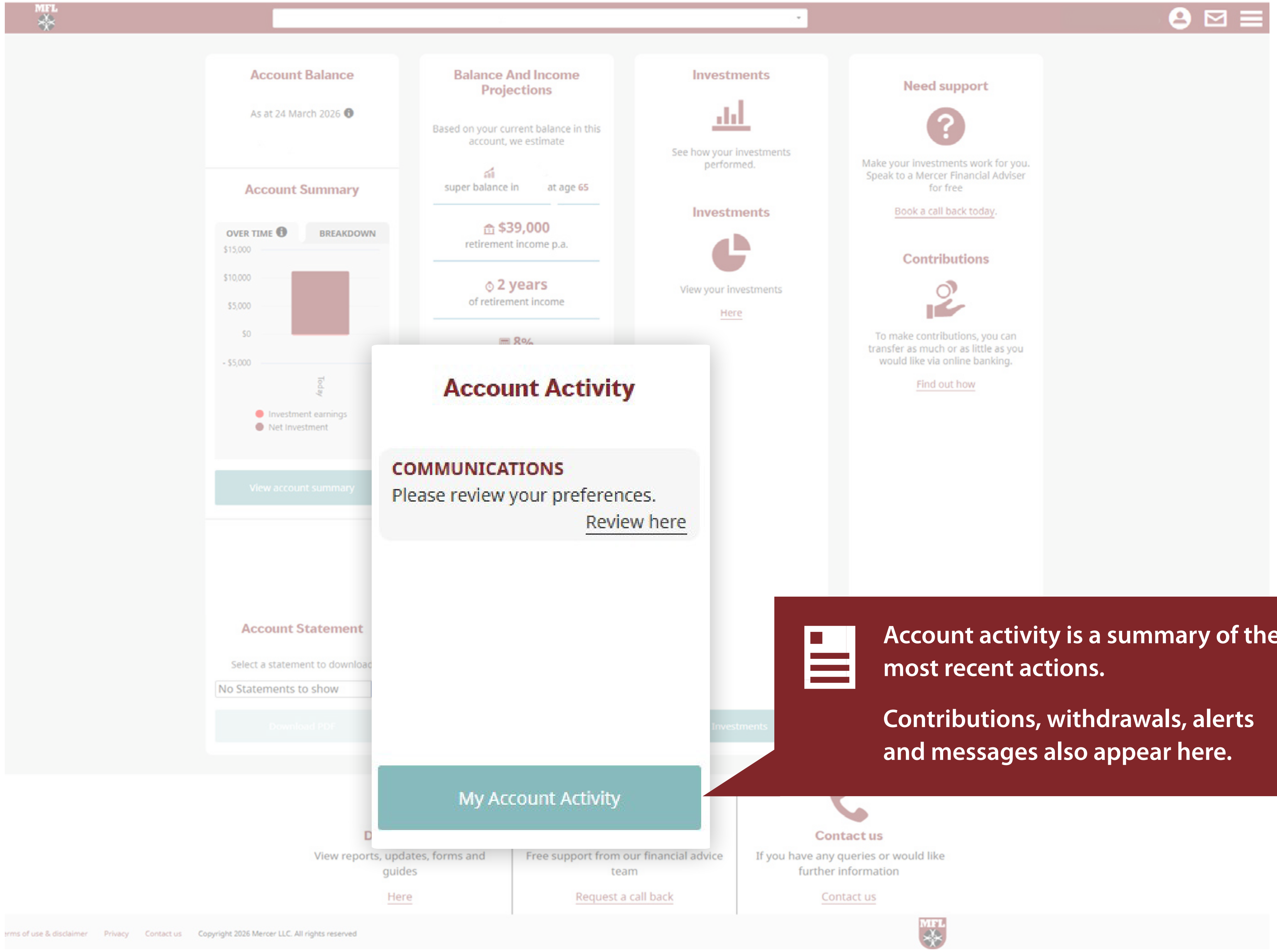
Have a go at moving the sliders. We've made it really easy for you to change variables to help you understand how different decisions, like making additional contributions or delaying retirement for a few years, can affect your balance at retirement and how long it may potentially last you.

The projections shown in this simulator are intended as a guide only, based on the information you input, and should not be used in isolation to make financial decisions. This simulator does not take into account your personal objectives or your own financial situation and it cannot determine your actual final balance or income. Before making any decisions about your account or any other financial product, you should consider seeking advice from a financial adviser.

Dashboard

Account activity

This can be accessed from your dashboard or the menu.

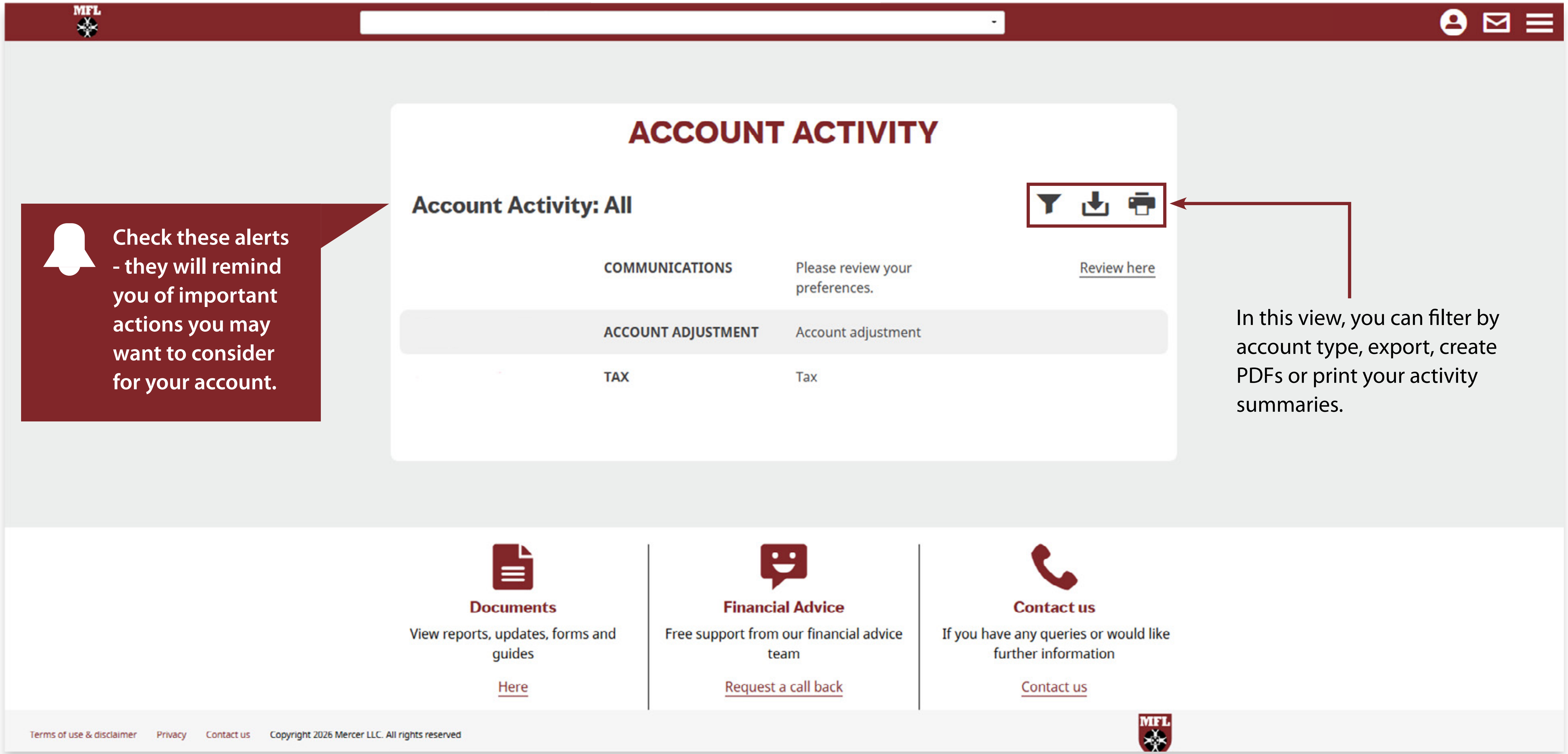


Account activity is a summary of the most recent actions.

Contributions, withdrawals, alerts and messages also appear here.

Account activity

Full view



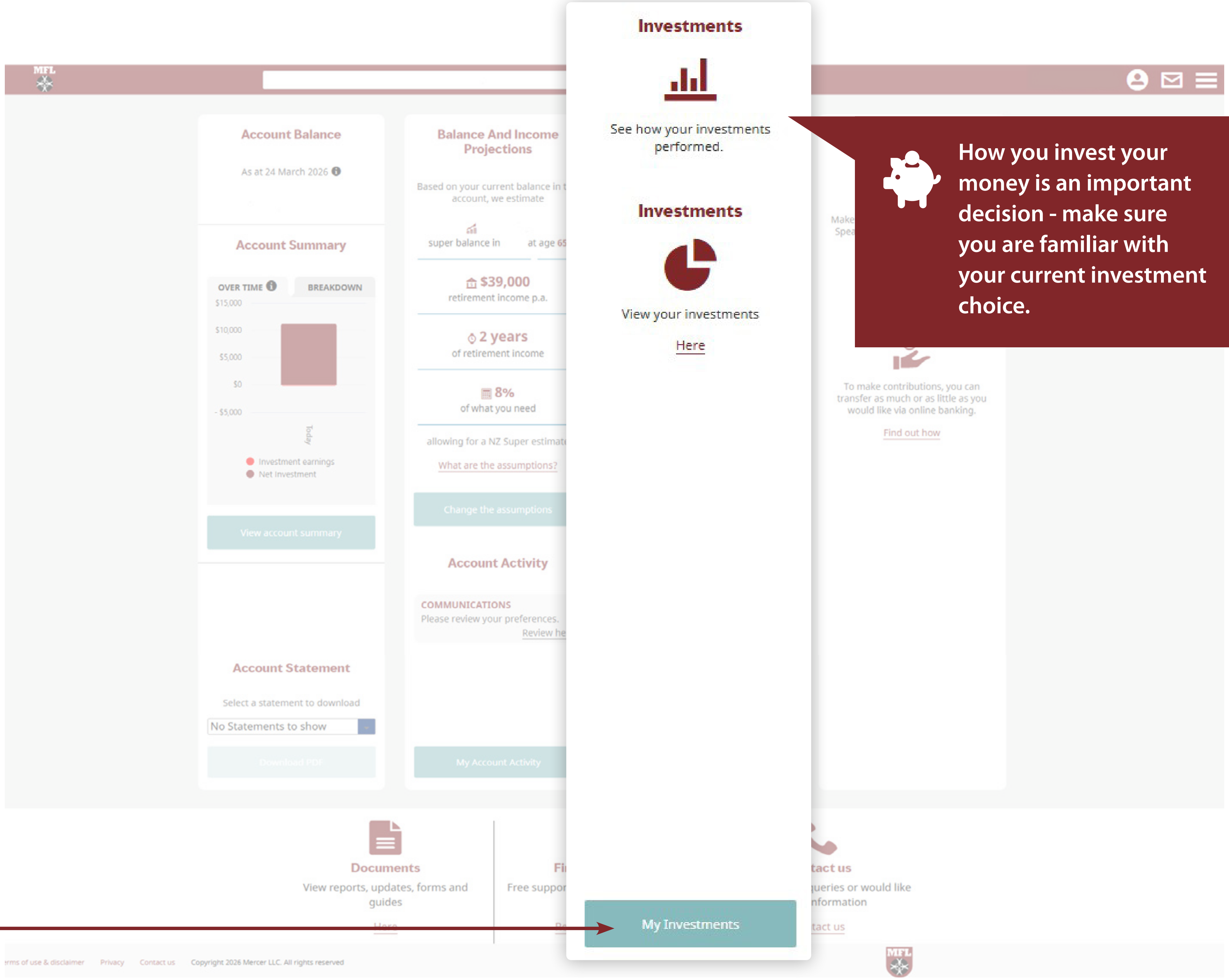
Check these alerts - they will remind you of important actions you may want to consider for your account.

In this view, you can filter by account type, export, create PDFs or print your activity summaries.

Dashboard

Current investments

This can be accessed from your dashboard or the menu.



How you invest your money is an important decision - make sure you are familiar with your current investment choice.

Learn more about your current investment profile.

View your investments page for more detail.

Investments

Detailed summary

Easy access to the most up to date unit prices, plus historical search capability.

MFL

Investments

Review how you're currently investing your super. To view your unit holdings, or for an overview of an option just click on the name of the investment option. Need some help?

Investment Performance

Please read monthly and quarterly investment reports in the Documents section.

Current Investments

Investment options	Unit Price 20/03/2026	Number of Units	$	%
MFL MUTUAL FUND	5.5328	1995.6976		100
				100%

Future Contributions

Investment option	Incoming Contributions %
MFL MUTUAL FUND	100%
	100%

Unit Prices

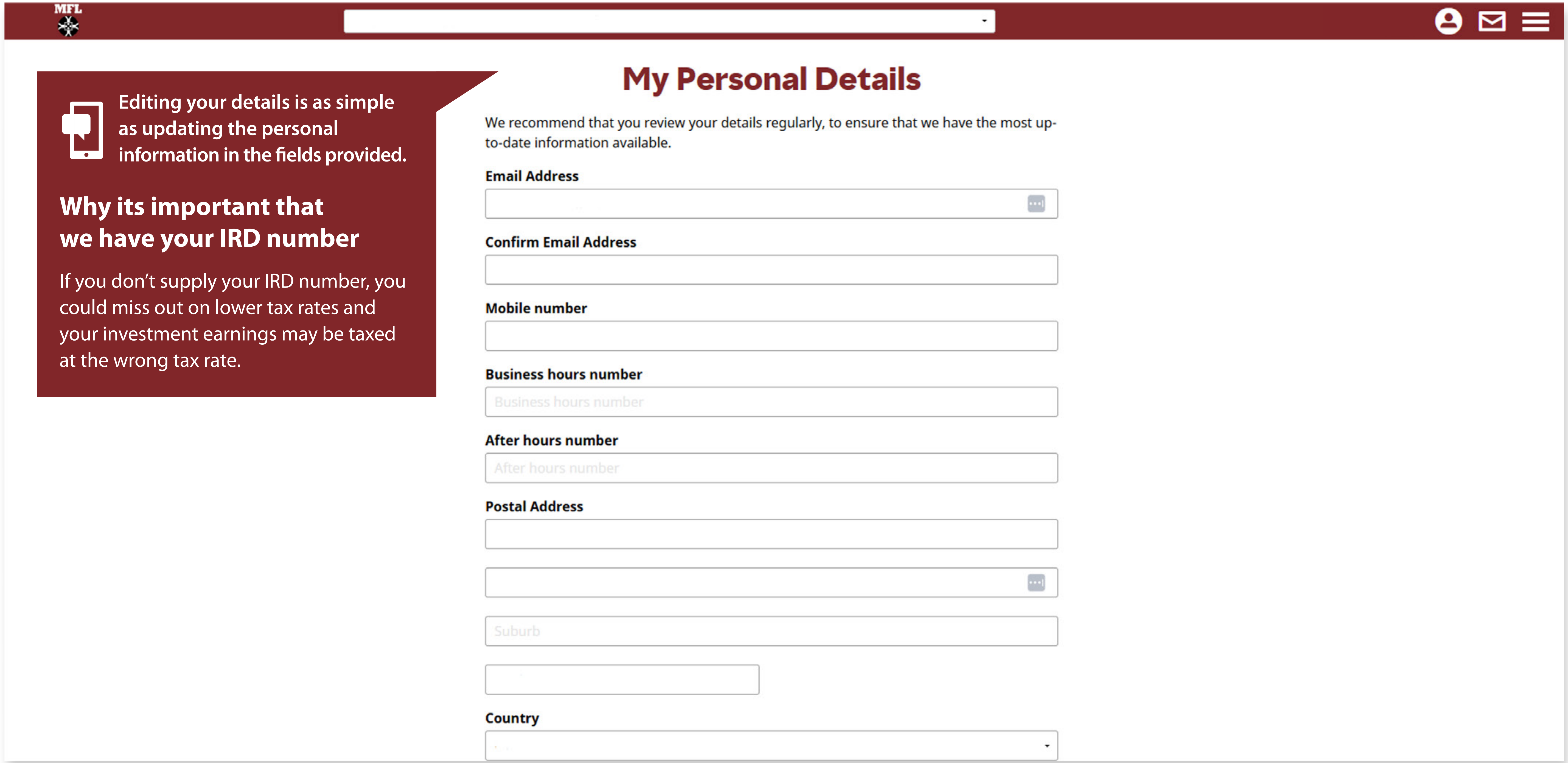
dd/mm/yyyy

Submit

Select date

Investment Options	Entry Price	Exit Price
MFL MUTUAL FUND	5.5328	5.5328

Personal details



MFL

Editing your details is as simple as updating the personal information in the fields provided.

Why its important that we have your IRD number

If you don't supply your IRD number, you could miss out on lower tax rates and your investment earnings may be taxed at the wrong tax rate.

My Personal Details

We recommend that you review your details regularly, to ensure that we have the most up-to-date information available.

Email Address

Confirm Email Address

Mobile number

Business hours number

Business hours number

After hours number

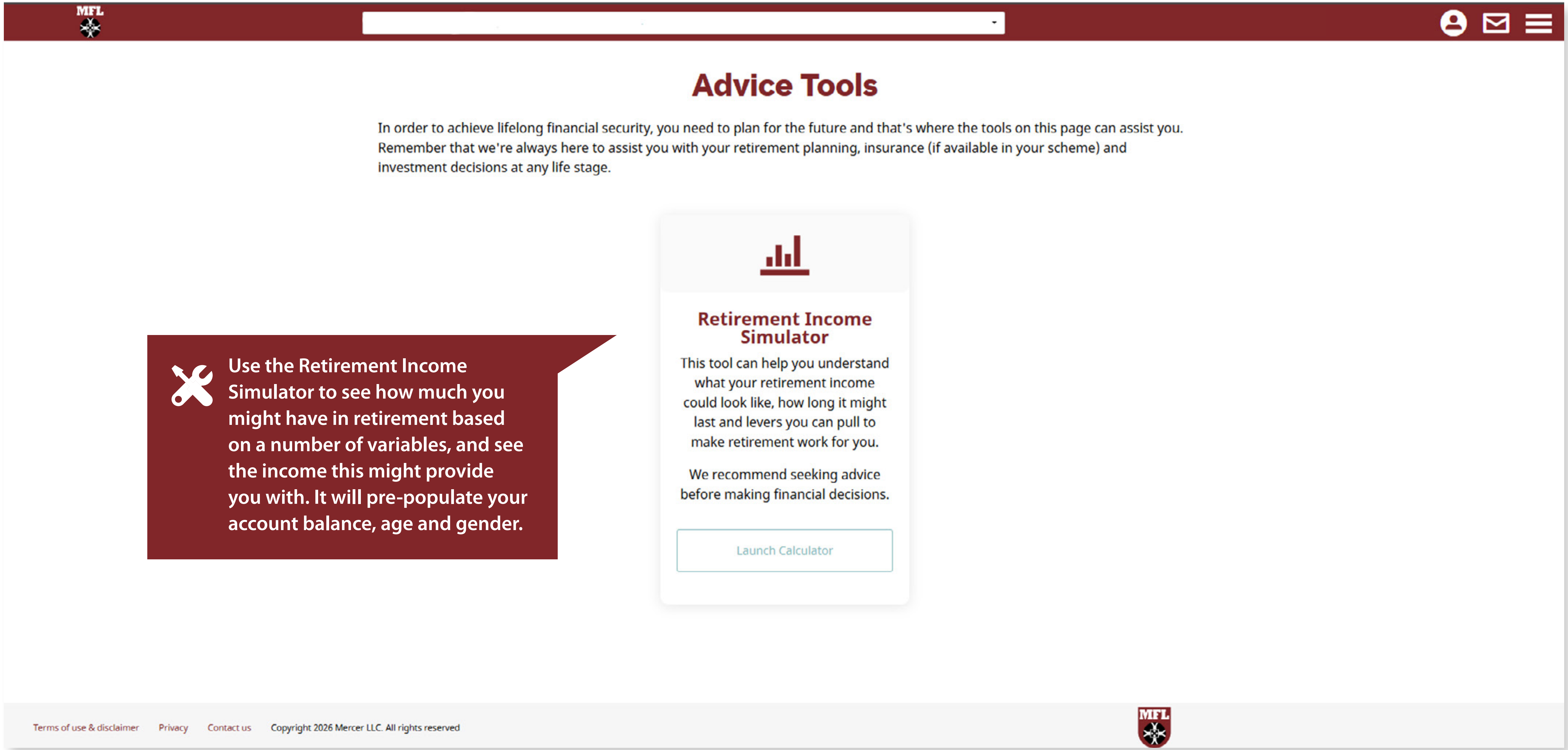
After hours number

Postal Address

Suburb

Country

Interactive tools explained



Use the Retirement Income Simulator to see how much you might have in retirement based on a number of variables, and see the income this might provide you with. It will pre-populate your account balance, age and gender.